



**SECONDARY 1  
PARENT-TEACHER MEETING  
18 January 2025**

**WELCOME**

**Mr Jason Soo**

**Sec 1 Year Head (Ext 123)**

**[soo\\_yee\\_siong\\_jason@schools.gov.sg](mailto:soo_yee_siong_jason@schools.gov.sg)**

# *Outline*

## **Year Head sharing**

- 1. Student Development Experiences**
- 2. Partnership with Parents**

## **Home Tutor, Sec 1 PTM segment**

- 1. Observations of class**
- 2. Class community, routines**
- 3. Student Development Experiences**

# School Vision

Our Caring Home.

Our CRESTian Leaders.



# School Values

Care

Resilience

Excellence

Self-belief

Trustworthiness

# School Mission

A Choice School that nurtures  
the Hearts and Minds of  
Crestian Leaders to be the  
pride of family, community  
and nation.

# Desired Student Learning Outcomes

P1: Active and Engaged Learner

P2: Innovative Problem Solver

P3: Effective Communicator

P4: Self-Disciplined and Responsible Leader

P5: Active and Concerned Citizen with Global Awareness

# *Desired Student Learning Outcomes : Secondary 1*

*P1: Active and Engaged Learner*

*P3: Effective Communicator*



# Student Experiences

Start-it-Right (Orientation)  
MDL Confirmation  
Parent-Tr Meeting  
CCA Carnival and Trials  
Briefing by SC and SENO  
Urban Farming Experience  
SIL (Digital Portfolio)  
ICT Skills Enrichment

Jan

Feb

Mar

Apr

May

Jun

Literary Week  
Cheering Competition  
Maths Carnival  
Geography Investigation  
ICT Skills Enrichment  
ALP Tier 2 & Enhanced  
ALP programme

Term 2 Class Test  
Overcomers Run  
Experiential Learning  
Programme  
Roald Dahl Showdown  
Parent-Tr Meeting  
SIL (Digital Portfolio)

ICT Skills Enrichment  
CCA Trials  
Class Committee Training  
Term 1 Class Test  
VIA Experience

Term 2 Class Test  
Urban Farming Experience

Crestian Learning Day:  
Even Week Friday



# Start-It-Right Programme

Date	Activities
2 – 3 Jan	Orientation activities organised by Crestian Student Leaders (CSLs)
6 Jan	Team building activities, Outdoor Cooking and Campfire
7 Jan	Drumming workshop and Closing Ceremony

# Orientation Programme by CSLs – Team bonding games



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# Orientation Programme by CSLs – Team bonding games

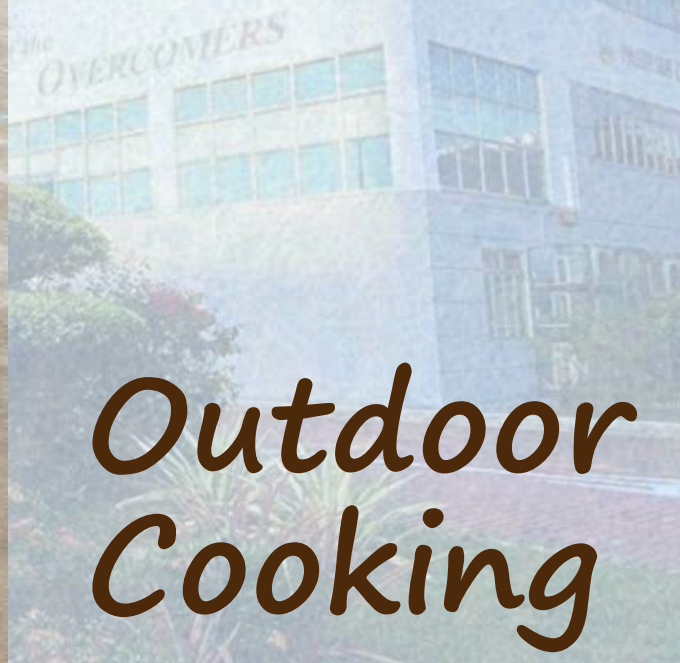


# Orientation Programme by CSLs – Team bonding games





# Outdoor Cooking



# Outdoor Cooking

# Camp dinner





# Campfire



# Drumming workshop



# Drumming workshop



# Drumming workshop



# Interaction with SC and SENO

1. Introduction to our School Counsellor (SC) and SEN Officer (SENO)
2. It is ok to seek help
3. How to look out for classmates who needs help

# ICT Skills Enrichment Programme (iSEP)

Equip students with ICT and collaboration skills

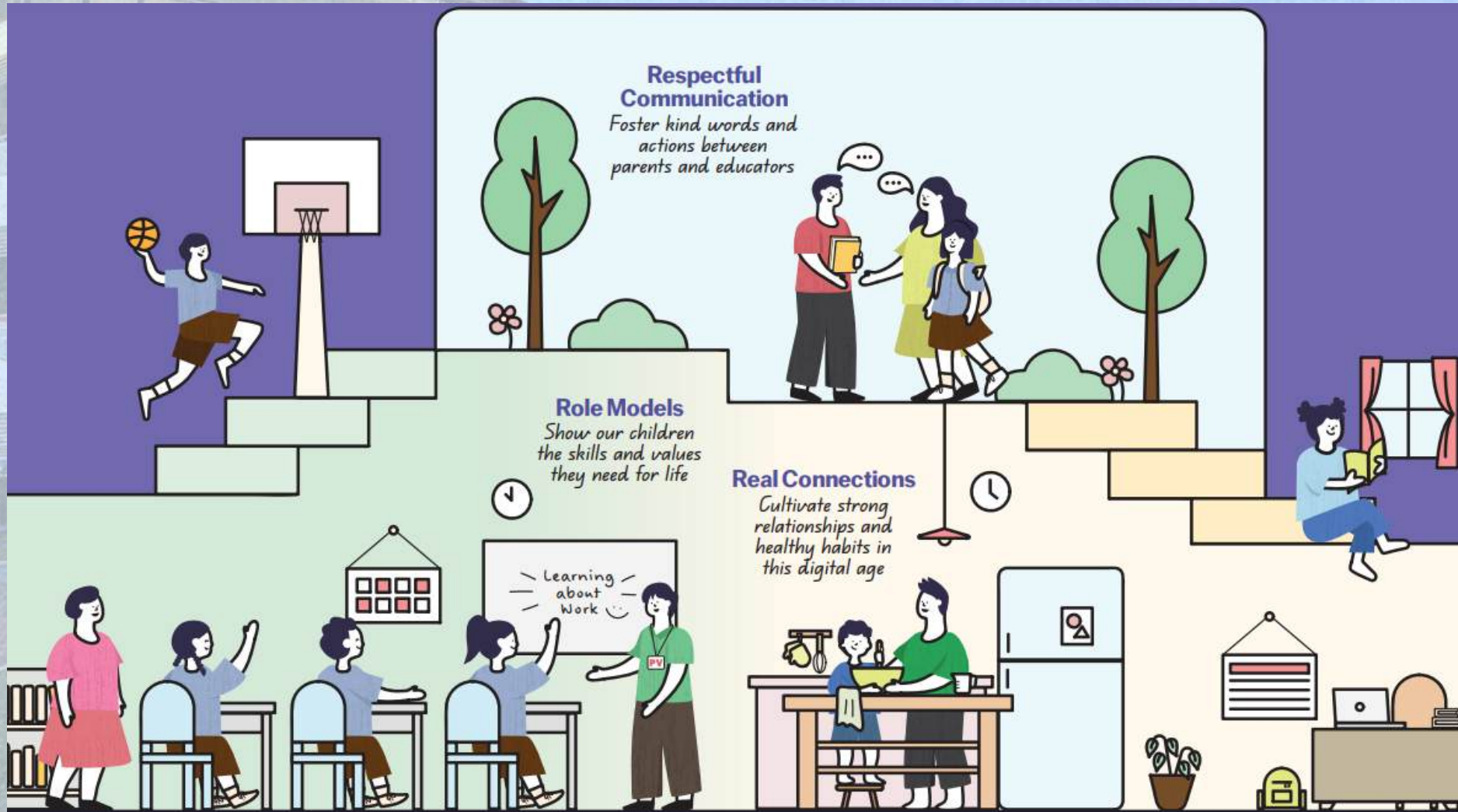
1. Student Accounts
2. Google Apps for Education
3. Student Digital Portfolio
4. Using PLDs (Chromebook)

# Collaboration with parents

- **Partner with us to manage our Crestians based on the school rules and regulations stated in the Crestian's Handbook.**
- **For eg: School policies related to handphone usage**
  - **Confiscation of device for a week for first offence**
  - **Confiscation of device for a month for repeated offences**
  - **Unless teacher's permission is granted, students cannot use their devices during curriculum and CCA hours.**

**Students can use their mobile phones only in designated places (eg: canteen).**

# Raising a Happy, Confident, and Kind Generation Together



# Raising a Happy, Confident, and Kind Generation Together

## Respectful Communication

Foster kind words and actions between parents and educators



- Listen to and understand each other's perspectives and concerns regarding each child.
- Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers.
- Respect each other's time by communicating during working hours.

## Role Models

Show our children the skills and values they need for life



- Practise gratitude and find joy in everyday experiences with our children.
- Instil confidence by encouraging responsibility and believing in each child's abilities.
- Model good values in words and actions, at school and at home.

## Real Connections

Cultivate strong relationships and healthy habits in this digital age



- Build strong bonds through shared experiences and meaningful conversations.
- Establish good habits for our children to stay confident and in control of their technology use.
- Provide a balanced mix of engaging online and offline activities, at school and at home.



# Multidisciplinary Support

- Managing their environment is key, not a single approach
- Assess their problems properly (Understand adolescence, right situation, right person, right questions)
- Anticipate issues (eg: smoking, risky behaviour, use of technology, healthy self and body image)

Teachers  
Home Tutors,  
Subject teachers

Peers (Classmates,  
PSLs, CSLs, Seniors)

Teen

Parents

Counsellor  
SEN officer  
ECG Counsellor  
Sch Health Advisor

# Parenting for Wellness

## Parent Hub

From pregnancy to raising a teenager, learn the ins and outs of raising a healthy child in this one-stop pregnancy and parenting platform for health information.

CONTRIBUTED BY  
 Health Promotion Board  
Health Promotion Board

# you've got this!

WE'RE  
EXPECTING

0 - 2  
YEARS

3 - 6  
YEARS

7 - 12  
YEARS

TEENS

CHILD HEALTH  
PLAN

EVENTS

You are your child's  
**FIRST INFLUENCER**



<b>Type of support</b>	<b>Name of staff</b>	<b>Email</b>
<b>Social emotional</b>	<b>Ms Suzanah Ohorella School Counsellor</b>	<b>suzanah_ohorella_yusope@schools.gov.sg</b>
<b>Special Educational Needs</b>	<b>Ms Lynette Ong Special Educational Needs Officer</b>	<b>ong_jun_yi_lynette@schools.gov.sg</b>
<b>Educational and Career Guidance (ECG)</b>	<b>Ms Fiona Sim ECG Counsellor (After Mid Feb)</b>	<b>fiona_sim_siew_tse@moe.edu.sg</b>
<b>Health Matters</b>	<b>Ms Adlyn Farizah Student Health Advisor</b>	<b>adlynf_ahalim@certisgroup.com</b>
<b>Sec 1 Matters</b>	<b>Mr Jason Soo Sec 1 Year Head</b>	<b>soo_yee_siong_jason@schools.gov.sg</b>

# Reducing Student's Bag Load in PRCs



# RULES & REGULATIONS

- i. During curriculum time, the use of lockers are only permitted for your PLDs and learning materials.
- ii. After curriculum time, students are allowed to leave their learning materials in the lockers.
- iii. All items stored in the lockers **MUST** remain visible from the outside at all times.
- iv. Any items left behind overnight will be at your own risk. The school will not be held liable for any loss or damage.



**THANK  
YOU!**

*We look forward to be  
partners with you in  
educating our Crestians.*

**CCA BRIEFING  
18 JANUARY 2025**

**WELCOME**

**Mr Goh Chin Seng, HOD PE/CCA**

**HOD room, ext 115**

**Goh\_chin\_seng@schools.gov.sg**

**Ms Bong Ai Wei, Subject Head CCA**

**SH room, ext 129**

**Bong\_Ai\_Wei@schools.gov.sg**



# Outline

1. Objectives of CCA
2. LEAPS 2.0
3. CCA trials and allocation
4. Cluster school CCA programme
5. Role of parents - Development Of Your Child In CCA





# Co-Curricular Activities (CCA)

## Objectives

An integral part of student's holistic development.

- Build **character**, inculcate **values** and **life skills**
- Discover and develop their **strength, leadership potential, interest and talent.**
- Promotes **social integration** and **teamwork.**

This helps your child to lead a **balanced life in adulthood.**

# Pasir Ris Crest Secondary School

**17  
CCAs**

**5  
Sports**

**5  
Performing  
Arts**

**5  
Uniformed  
Groups**

**2  
Clubs**

# Uniformed Groups



**Girl Guides**

# Uniformed Groups



**National Cadets Corps (Girls)**



**National Cadets Corps (Boys)**

# Uniformed Groups



**St John Brigade (Mixed)**



**National Police Cadets Corps (Boys)**

# Sports CCA



Softball (Boys)



Table Tennis (Mixed)



Volleyball (Boys)

# Sports CCA



Fencing (Mixed)



Netball (Girls)

# Performing Arts CCA



**Band**



**Choir**



# Performing Arts CCA



Modern Dance



Guzheng Ensemble



Drama

# Clubs

Audio Visual /  
Public Announcement  
(AV/PA) Club



Media Communication  
Club (MCC)



# CCA training hours

- **Every Tuesday**
  - 3.35pm to 5.35pm
- **Every Thursday**
  - 2.45pm to 5.45pm
- Any additional training will be notified by respective CCA teacher-in-charge
- Fencing CCA has additional training on Monday, 2.30pm to 5.30pm

# Schedule of Uniformed Groups CCA

## Term 1

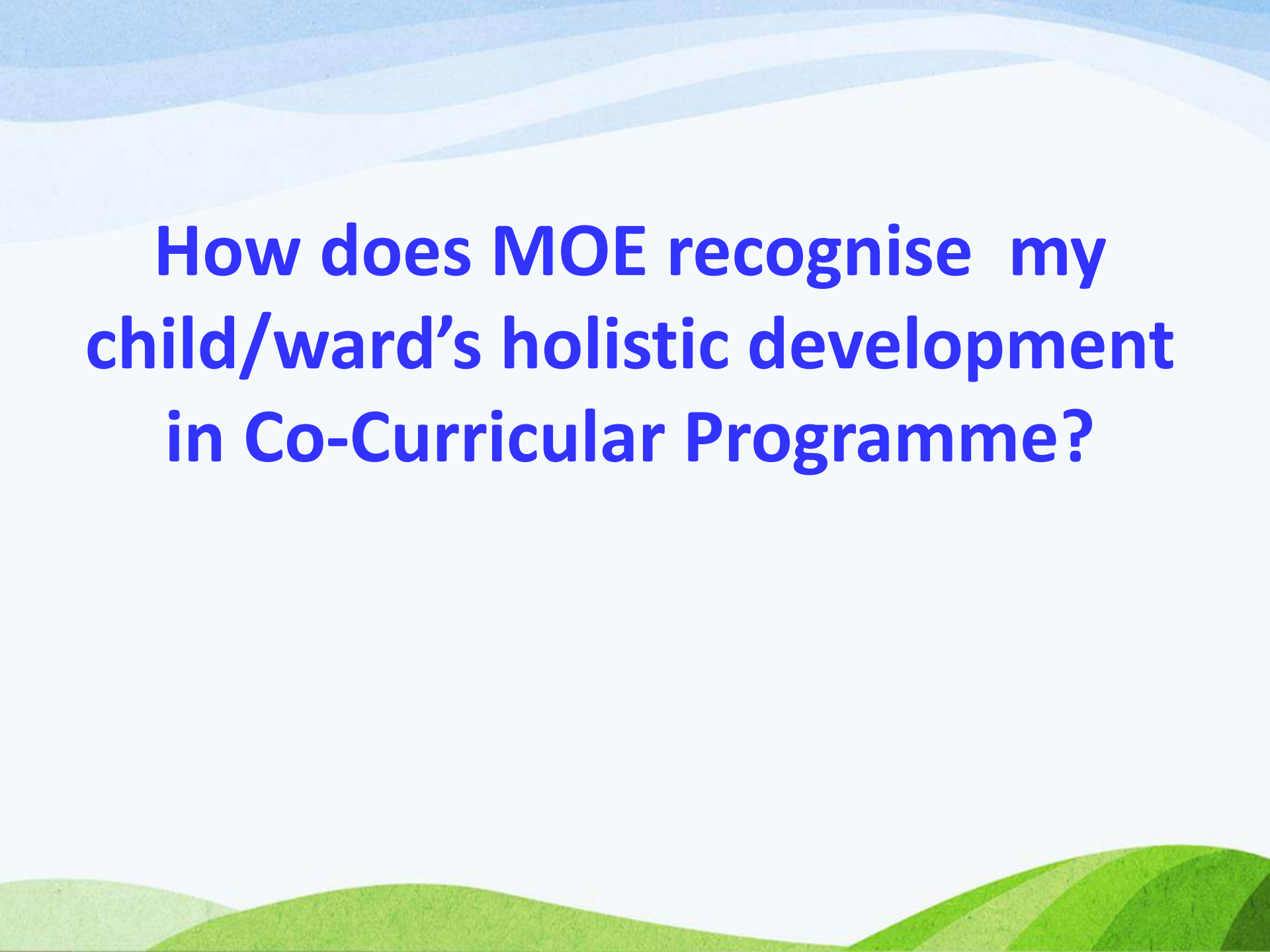
CCA Day	Timing
Tuesday	3.35 p.m. - 5.35 p.m.
Thursday	2.45 p.m. - 5.45 p.m.

## Term 2 to 4

CCA Day	Timing
Tuesday	<ul style="list-style-type: none"><li>• <b>No CCA training</b> will take place unless specifically required by CCA teachers for training purposes.</li><li>• Notification letter will be sent to parents via Parents Gateway <u><a href="#">at least two weeks in advance.</a></u></li></ul>
Thursday	2.45 p.m. - 5.45 p.m.

# Expectation of your child in CCA

- **Compulsory** for all students to have 1 school-based CCA
- **Regular Attendance** – Any absence must be supported by medical certificate or valid reasons.
- **Open minded** – Participate actively. Learn new skills and discover their leadership potential.
- **Interact** with friends from different background and levels.
- **Be a team player** – Collaborate and communicate



**How does MOE recognise my  
child/ward's holistic development  
in Co-Curricular Programme?**

# CCA GRADING SCHEME

## LEAPS 2.0

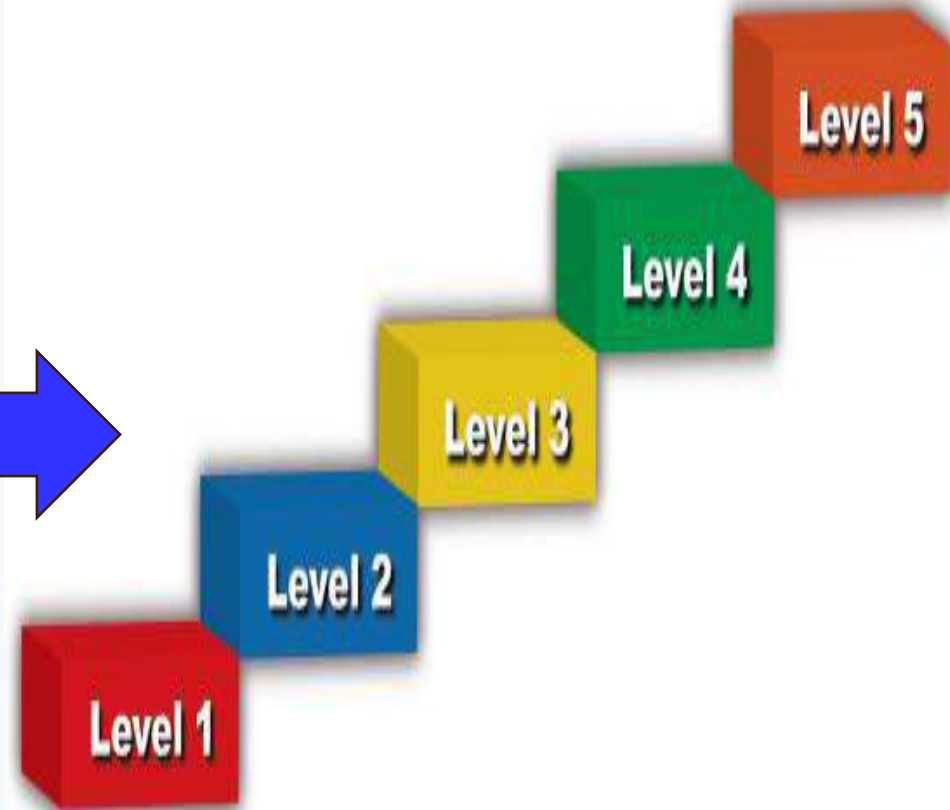
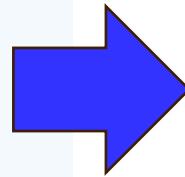
to **recognise** students'  
**co-curricular attainment**  
during their **secondary**  
school years

**L**eadership  
**E**nrichment  
**A**chievement  
**P**articipation  
**S**ervice

# LEAPS 2.0

4 domains, equal weighting, with level of attainment: 1 - 5

**L**eadership  
**A**chievement  
**P**articipation  
**S**ervice



Level of attainment **increases** with **number of years** of participation, representation /accomplishment, leadership role held, and hours of Values In Action (VIA)



# LEAPS 2.0

## Leadership domain

- Affirms your child's development as a leader

### 1. Self-leadership

- **National Youth Achievement Award (NYAA)**
  - Bronze (Level 2) and Silver Award (Level 3)

### 2. Leadership positions in (Level 2 – 5):

#### ▪ Class

- E.g. Class committee (level 2), Class Chairperson/Vice Chairperson (level 3), Peer Support Leader (level 3), Eco-Sustainability Leader (Level 3)

#### ▪ School

- E.g. Student Councillors Executive Committee (level 5), Crestian Senior Leaders (level 3)

#### ▪ CCA

- E.g. Corporal, sergeant, captain, patrol leader, company leader, CCA Executive Committee, drum major, CCA chairperson

# LEAPS 2.0

## Achievement domain

### ■ Two parts:

#### 1. Representation

- Selected to **represent** school to perform or compete [e.g. SYF Arts Presentation, National School Games (NSG), UG PDS competition, photography competition, Language/Mathematics/Science competition]
- Higher level of attainment with **more years** of representation and accomplishment (e.g. Represent school over 2 years - level 3, SYF's Certificate of Accomplishment - level 3)

#### 2. Achievement Badges for Uniformed Groups

- E.g. St John Brigade - Chief Commissioner Badge (level 5), NCC - Proficiency Badge (Gold) (level 3)

# LEAPS 2.0

## Participation Domain

- Recognises students' participation in one **school-based CCA**.
- Recognition is based on
  - the number of years of participation (preferably in same CCA) with at least 75% of attendance,
    - E.g attain level 4 – Same CCA for 4 years with at least 75% attendance

# LEAPS 2.0

## Service domain

- Recognise a student's development as socially responsible citizens through his/her **Values-In-Action (VIA) hours** to the community.
- At least 6 VIA hours per year to the community
- E.g. Level 3 - Completed at least 24 hours of service over 4 years and at least one VIA project that impacts the community

# Recognition of Students' CCA grade after 4 years

**Excellent**

Student attains a **minimum Level 3 in all four domains** with **at least a Level 4 in one domain**.

e.g. Leadership – level 3, Achievement – level 3,  
Participation – level 4, Service – level 3

**Good**

Student attains a **minimum Level 1 in all four domains** with **at least Level 2 in three domains**.

e.g Leadership – Level 2, Achievement – Level 2,  
Participation – level 2, Service – Level 1

**Fair**

Student did not attain a minimum Level 1 in all four domains

# Example of Students' Level of Attainment

Student A has attained

- a minimum Level 3 in all four domains and
- at least Level 4 in one domain (Participation).
- Hence, the student's co-curricular attainment is Excellent.

Domain	Description of Attainment	Level
<b>Participation</b>	Participated in the <u>same</u> CCA (e.g. Drama) for 4 years with <u>at least 75%</u> attendance every year	4
<b>Achievement</b>	Represented school at SYF Arts Presentation and attained Certificate of Distinction	3
<b>Leadership</b>	Class vice chairperson	3
<b>Service</b>	Completed <u>at least 24 hours</u> of service and <u>1 VIA project</u> that impacts the school.	3

# LEAPS 2.0

## Entry to Post Secondary Education

Post Sec Education	Advantage
Junior College, Polytechnic or ITE, <b>excluding</b> Pre-U course at Millennia Institute	<b>Excellent</b> – 2 bonus points <b>Good</b> – 1 bonus point <b>Fair</b> – 0 bonus point

**Note:** Need to meet the entry requirements for admission

# LEAPS 2.0

## Guidelines on External Activities (e.g. Wushu, Taekwondo, Air Rifle Shooting)

- One **school-based** CCA is **still** required
  - ✓ For recognition of attainment with external activities
- Activity by external organisation needs to be endorsed by school.
- Submission of relevant documents.



# LEAPS 2.0

For more information on LEAPS 2.0,  
please refer to our school website or scan the QR code below.



# Sec 1 CCA Trials

- Your child/ward will need to stay back for **5 days** to visit and try out the **5 CCAs** that he/she is interested in on the following date:

Activity	Date	Time
1 <sup>st</sup> CCA trial	4 Feb (Tuesday)	3.45pm to 5.45pm
2 <sup>nd</sup> CCA trial	6 Feb (Thursday)	2.45pm to 5.45pm
3 <sup>rd</sup> CCA trial	11 Feb (Tuesday)	3.45pm to 5.45pm
4 <sup>th</sup> CCA trial	13 Feb (Thursday)	2.45pm to 5.45pm
5 <sup>th</sup> CCA trial	18 Feb (Tuesday)	3.45pm to 5.45pm

- He/she will be given an CCA Option form to verify his/her attendance for each visit.

# Before and during CCA Trial

1. Visit school website to find out more about CCA that they are interested in before choosing the 5 CCA trials.
2. Attend the five CCAs on their allocated CCA trial date.
3. CCA teachers conduct interview and audition on CCA trial dates.
4. **Expectations of students for CCA trials:**
  - **Appropriate attire**
  - **Participate actively for the trials**
  - **Proactively find out more about CCA in terms of**
    - **Nature of activity**
    - **Frequency of training**
    - **Training's intensity**

# CLUSTER SCHOOLS CCA COLLABORATION

## Objectives

1. Opportunity for students in cluster's school to **join CCA not offered in PRCS, subject to availability.**
2. To cater for diverse students' interests.
3. Encourages students from different schools to interact and collaborate, fostering a sense of community beyond their school environment.

## CCAs Offered by cluster schools

School	CCA Offered	Maximum capacity to take in by receiving school
Loyang View Secondary	Boys' Brigade	10
Hai Sing Catholic	Bowling	4
Meridian Secondary	<ul style="list-style-type: none"><li>• Nusantara Orchestra</li><li>• Red Cross Youth</li></ul>	10 10

# CLUSTER SCHOOLS CCA COLLABORATION

1. **Optional** to choose a CCA offered by cluster schools.
2. **For the 5 CCA trials, your child/ward can either choose**
  - a. **All 5 trials from the CCAs in our schools or**
  - b. **5 trials from the CCAs in our school and only 1 trial from the cluster school's CCA**
3. All cluster schools have **same** CCA dates on every Tuesday and Thursday. Hence, each student can only have 1 CCA.
4. If allocated a cluster school's CCA, students will need to **travel to cluster school or training venue on their own** after their school lesson on Tuesday and Thursday.

# CLUSTER SCHOOLS CCA COLLABORATION

- If your child /ward is keen, he/she needs to attend a CCA trial arranged by cluster schools on the date shown in the table below.
- Selection is based on **rubrics**.
- **Limited vacancy** for each cluster CCA offered ( ).

School	CCA	Venues	Date and Timing
Loyang View Secondary	Boys' Brigade (10)	Loyang View Secondary Report at General Office	<b>20 Feb 2025 (Thursday), 1530hrs to 1730hrs</b>
Hai Sing Catholic	Bowling (4)	Sonic Bowl 1 Tampines Walk, #B1-50 Our Tampines Hub, Singapore 528523	
Meridian Secondary	Nusantara Orchestra (10) Red Cross Youth (10)	Meridian Secondary Report at General Office	

# CCA Allocation (After CCA trials)

- Choose **4** CCAs. Rank his/her choices. He/she will be assigned a CCA **within** the 4 choices.
- Allocation of CCA by **'Matching Principle'**. Allocated by matching **students' choice** and CCA teachers' **rank list**.
- The likelihood of getting the CCA of his/her choice depends on the **vacancy in CCA** and his/her **aptitude**.
- Submission of choices via **online CCA Selection Forms** by **20 Feb 2025 (Thursday), 9pm**.
- Submission of hard copy of option form to Home Tutor: **21 Feb 2025 (Friday)**

# CCA Timeline for Sec 1

Activity	Deadline	
CCA Carnival and Sec 1 PTM	18 Jan 2025 (Saturday)	
Making online selection for the 5 CCA trials	<b>18 to 21 January (Tuesday), 9pm</b>	
<u>CCA trials</u>		
Activity	Date	Time
1 <sup>st</sup> CCA trial	4 Feb (Tuesday)	3.45pm to 5.45pm
2 <sup>nd</sup> CCA trial	6 Feb (Thursday)	2.45pm to 5.45pm
3 <sup>rd</sup> CCA trial	11 Feb (Tuesday)	3.45pm to 5.45pm
4 <sup>th</sup> CCA trial	13 Feb (Thursday)	2.45pm to 5.45pm
5 <sup>th</sup> CCA trial	18 Feb (Tuesday)	3.45pm to 5.45pm
Issue of CCA Option Form	4 Feb (Tuesday)	
Online submission of <b>4 CCA choices</b>	20 Feb (Thursday), 10pm	
Submission of CCA Option Form to HTs	21 Feb (Friday)	
Results of CCA allocation	<b>26 February (Wednesday)</b>	
Start of Sec 1 CCA	<b>27 February (Thursday)</b>	



**In summary, your child/ward has to**

**Find out more about CCAs**

**Choose 5 CCAs trials online**

**Attend the CCA trials**

**Decide on 4 CCA choices**

**Submit his/her 4 choices online**

**Attend the allocated CCA**

# Supporting the Holistic Development of my child

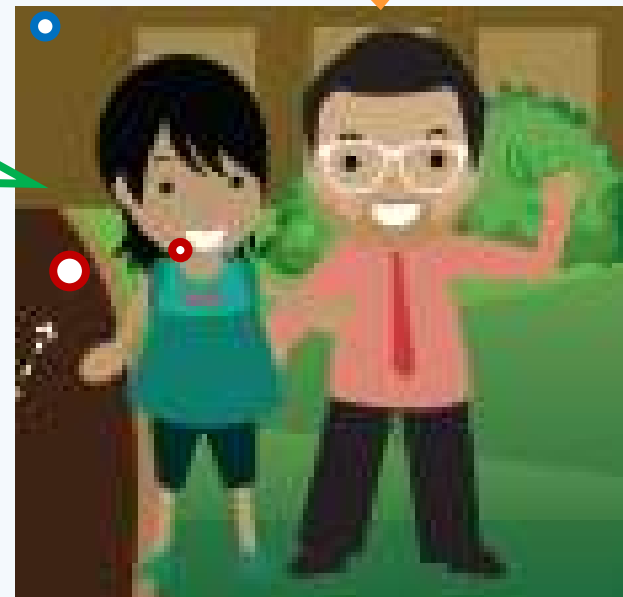
*How can I reinforce my child's learning of values and life skills in his /her CCA?*

*How can I help my child to show commitment and build responsibilities towards his/her CCA?*

*What is my child interested in?  
What is my child good at?*

*Is my child able to cope?*

*How can I help to support him/her in the learning pursuits?*



# Development Of Your Child/Ward In CCA

## Role Of Parents

- Encourage your child/ward to take the CCA selection process seriously.
- Discuss their choices with the gathered information.
- Manage the initial reaction to allocated CCA.
- Work hand in hand with school and reinforcing the importance of CCA in building values, character and developing life skills to your child at home.
- Time management between studies and CCA
- Support the school by encouraging your child/ward to attend CCA regularly.

Thank you





Welcome

to PSG

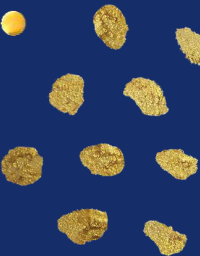
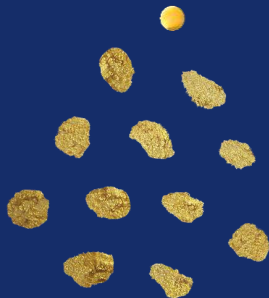
# Partnership between School , parents and Children

We reached so many milestones together,  
and we're so glad to have you on board.



# *Journey into PSG*

Why it is worth the effort and time to invest in our children and family .



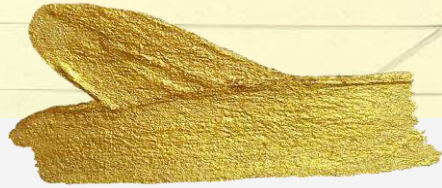
*We would not be  
where we are today  
without the  
unwavering  
support and  
dedication of  
PSG.*







PSG is a community  
where parents grow  
alongside their children,  
embracing connection  
over perfection.



*Workshop where we  
share and learn  
together*

*Festivities  
Celebration*





Staff appreciation week,  
heartfelt ways to be  
grateful to the staff who  
inspire our children daily



Through PSG, we strengthen the school's efforts, fostering a supportive community for our children's growth.



*Lets journey  
together*



*Thank you*



Partnership Resource Community Support